

## Past Successes

Below are some questions to ask yourself about your past successes. These questions are by no means a complete list but a little prompting for you.

Let's start as far back as childhood, shall we?

What kind of success have I had at/in:

### **School**

Grades, Clubs, Positions, Friends

### **Home**

Parents, Siblings, Neighbors, Pets

### **Community**

Groups, Clubs, Social

### **Work**

Projects, Position, Relationships

### **Relationships**

Family, Friends, Co-Workers, Business Associates

As you look over your past successes you get a pretty good idea of some of the things that are important to or you probably would not have done them. Don't you agree?

Good Job, now I want to tell you a story about Alan,